

## Women's Size Guidelines

Bust – Measure at the fullest point of the bust and across shoulder blades holding tape measure firm and level.

Waist – Measure over skirt around your waist, where you normally wear slacks or skirts. Hold tape firmly, but not tight.

Hips/Seat – Measure around fullest point of hips 9" below waist. Hold tape firmly, but not tight.

### Women's Body Measurements (inches)

Sizes	4	6	8	10	12	14
Bust	33-1/2	34-1/2	35-1/2	36-1/2	38	39-1/2
Waist	25	26	27	28	29-1/2	31
Hips	35-1/2	36-1/2	37-1/2	38-1/2	40	41-1/2

Size	16	18	20	22	24
Bust	41	43	44-1/2	46	47-1/2
Waist	32-1/2	34-1/2	36-1/2	38-1/2	40-1/2
Hips	43	45	47	49	51

### Men's Size Guidelines

Chest Size

Height